

# Coordinating In-Home Care

*For aging in place, it takes a community.*

**Please check all services your loved one might require to successfully age in place:**

- |  |   |
|--|---|
| <input type="checkbox"/> Bathing                   | <input type="checkbox"/> Caregiver counseling                         |
| <input type="checkbox"/> Dressing                  | <input type="checkbox"/> Conflict resolution                          |
| <input type="checkbox"/> Personal hygiene          | <input type="checkbox"/> Grief and/or end of life issues              |
| <input type="checkbox"/> Exercise assistance       | <input type="checkbox"/> Specialized medical:                         |
| <input type="checkbox"/> Walking                   | <input type="radio"/> Dentists  |
| <input type="checkbox"/> Transfers                 | <input type="radio"/> Optometrists                                    |
| <input type="checkbox"/> Repositioning             | <input type="radio"/> Audiologists                                    |
| <input type="checkbox"/> Meal planning             | <input type="checkbox"/> Assistance making appointments               |
| <input type="checkbox"/> Meal preparation          | <input type="checkbox"/> Assistance keeping appointments              |
| <input type="checkbox"/> Cleaning                  | <input type="checkbox"/> Coordinating medicines                       |
| <input type="checkbox"/> Laundry                   | <input type="checkbox"/> Nutritional counseling                       |
| <input type="checkbox"/> Non-medical supervision   | <input type="checkbox"/> Bill paying                                  |
| <input type="checkbox"/> Socialization             | <input type="checkbox"/> Checkbook balancing                          |
| <input type="checkbox"/> Companion to/from outings | <input type="checkbox"/> Financial planning                           |
| <input type="checkbox"/> Respite services          | <input type="checkbox"/> Legal advice                                 |
| <input type="checkbox"/> Nursing care              | <input type="checkbox"/> Home renovations tailored to aging in place: |
| <input type="checkbox"/> Physical therapy          | <input type="radio"/> Installation of ramps                           |
| <input type="checkbox"/> Occupational therapy      | <input type="radio"/> Installation of grab-bars                       |
| <input type="checkbox"/> Speech therapy            | <input type="radio"/> Widening of doorways                            |
| <input type="checkbox"/> Mental health counseling  | <input type="radio"/> Widening of bathroom facilities                 |
| <input type="checkbox"/> Long term planning        | <input type="radio"/> Converting tubs to showers                      |
| <input type="checkbox"/> Advanced directives       | <input type="radio"/> Adding additional lighting                      |



